



# Junaluska Elementary School Newsletter

February 2019

2238 Asheville Road, Waynesville, NC 28786

(828) 456-2407

## ACTIONS TO FIGHT THE FLU

- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. Your fever should be gone without the use of a fever-reducing medicine.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. When you cough, cough into your elbow.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.



**If you suspect Flu in your family, please seek medical attention immediately. There have been dozens of deaths across the nation and we should all take this year's Flu season very seriously.**

**Everyone should cover coughs and sneezes with their arm.**

**Handwashing is important year-round. It is especially helpful during Flu and other contagious outbreaks. Disinfecting frequently-used surfaces like counter tops and door knobs is helpful.**

**Individuals who have a medically diagnosed case of the Flu should stay at home at least 24 hours after fever is gone (without the use of anti-fever reducing medications.) This applies to children and adults in school and non-school settings.**

**If vomiting, do not send your child to school until there has been no vomiting for 24 hours.**

FLU-LIKE SYMPTOMS INCLUDE: fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue. Some people also may have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without fever.

## MARK YOUR CALENDARS

- February 11th—15th: Love the Bus (Bus Driver Appreciation Week)
- February 27th—K-2nd Grade Field Trip to see Dr. Suess
- February 28th—All Pro Dad's Breakfast—7:15 A.M. in the cafeteria
- March 5th—4th Grade Music Program at 1:30 PM and 6:00 PM
- March 22nd—Band of Brothers, Boy's Night for 3rd-5th grade

### Coming soon...

- March—Autobell Fundraiser
- April—Penny Wars
- April 16th—Chick-fil-a Night
- May 2nd—Kindergarten Registration at 3:30



## Book Fair

The Book Fair is coming March 11th—March 15th! There will be lots of great new books that are very affordable. Watch for more information coming soon!



## 5th Grade Trip to Washington DC

A group of 5th grade students will be traveling to Washington DC in April. There are several raffle fundraisers that are or will be taking place to help with costs. Please stop by the office to purchase tickets.



**Last chance to purchase yearbooks. Please pay \$25 to Mrs. Plott if you would like to purchase one!**

## Music News

4th Grade Music Program — will be Tuesday, March 5th at 1:30 and 6:00.



## Title 1 Information

It is so important for you to take the time and become involved in your child's education. We cannot emphasize enough how important communication is between parents, students, and teachers. Please read with your child nightly (regardless of age or grade level). Please study math facts as well. Fluency with basic facts is essential for all students. Beginning in Kindergarten, students learn letters and sounds, sight words, numerals, and math words. Each year we build upon this foundation, moving to sentences, paragraphs, selections or passages, and longer books with more advanced sight words and vocabulary. In math, we move from making 5 to 10 to 100 to 1,000 and so forth. We learn how to add, subtract, multiply, and divide. Students need many opportunities and repetitions for these facts to move from short-term to long-term memory. Attendance is a vital component to learning key curriculum. Your partnership with our staff is appreciated and we support the research that indicates the importance of parent involvement. Thank you!



## BAND OF BROTHERS—BOYS NIGHT

FRIDAY, MARCH 22ND FROM 5:00 P.M. TO 8:30 P.M.

3rd through 5th grade boys, mark your calendars, you are not going to want to miss this awesome event! There will be sessions on sportsmanship, commitment & citizenship, tools, wilderness survival, team work, and respect & manners, and lots of free prizes.

INVITATIONS WILL BE COMING HOME SOON.

**Parents, we need your help! We need male volunteers and donations to make this event possible. Please call Joy Sollie if you are interested (456-2407).**

## Inclement Weather Plans

Please make sure that your child knows the plans, for transportation home, if school is dismissed early due to weather. If this is different then what you put on the form at the beginning of the year, please make your child's teacher aware. Thank you!



## PTA NEWS

**Mixed Bag Fundraiser:** Thank you for all your efforts during the Mixed Bag Fundraiser! We profited over \$5,300 and still have money coming in from online sales, which is very exciting. All monies raised will go toward supporting your child's educational experience at Junaluska.

**Chick-fil-A Spirit Night:** Our next Chick-fil-A Spirit Night will be April 16 from 5:00-8:00 p.m. Mark your calendars!

**Amazon Smile:** If you love Amazon, be sure to use Amazon Smile so Junaluska Elementary gets credit from your purchases.

**Upcoming Fundraisers:** We have several exciting fundraisers coming up. As in years past, we'll be selling Autobell gift cards. These make excellent gifts! This fundraiser will take place in early March. In April, we will host our annual Penny Wars fundraisers so be saving all your change. We have two new, exciting fundraisers coming up in May and June so stay tuned for more information about those. Regarding all fundraisers, be on the lookout for information in your child's backpack.



## ALL PRO DAD'S BREAKFAST

Join us for our All Pro Dad's Breakfast on  
**THURSDAY, FEBRUARY 28TH AT 7:15 A.M.**

If for some reason school is cancelled or on a delay on February 28th, we will move our breakfast to March 6th.



**ALL PRO DAD.**

**EAGLE CLUB FOR THE 3RD 9 WEEKS  
WILL BE FROM JANUARY 7TH TO  
MARCH 15TH.**

*The ending date will change if we have snow days.*

## BOYS AND BOOKS

Fourteen Junaluska Elementary 3rd graders and seventeen Tuscola Football players have enjoyed reading together on Fridays in February!

