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OCTOBER

##  Waynesville Middle Breakfast

 Monday Tuesday Wednesday Thursday Friday

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| BREAKFAST BOWL INCLUDES BISCUIT & GRAVYWITH SAUSAGE OR CHICKENWE ALWAYS OFFER A VARIETY OF WRAPPED BISCUITS AND CEREAL | **1**PANCAKES/BACONORSAUSAGE/EGG &CHEESE BISCUITORBREAKFAST DONUT | **2**BREAKFAST BOWLORBACON/EGG & CHEESE BISCUITORFRUIT FRUDEL | **3**WAFFLES/SAUSAGEORHAM & CHEESE BISCUITORCINNI MINNI |  **4** BREAKFAST BOWLORBAGGED FRENCH TOASTORFRUIT FRUDAL |
| **7****WORK DAY**  | **8** PANCAKES/BACONORSAUSAGE/EGG&CHEESEBISCUITORBREAKFAST DONUT  | **9**BREAKFAST BOWLORBACON/EGG &CHEESE BISCUITORFRUIT FRUDEL | **10**WAFFLES/SAUSAGEORHAM & CHEESE BISCUITORCINNI MINNI  | **11** BREAKFAST BOWLORBAGGED FRENCH TOASTORFRUIT FRUDEL  |
| **14**BREAKFAST BOWLORSTEAK/EGG& CHEESE BISCUITORCINNI MINNI  | **15** PANCAKES/BACONORSAUSAGE/EGG&CHEESEBISCUITORBREAKFAST DONUT | **16**BREAKFAST BOWLORBACON/EGG & CHEESE BISCUITOR FRUIT FRUDEL  | **17** WAFFLES/SAUSAGEORHAM & CHEESE BISCUITORCINNI MINNI | **18**BREAKFAST BOWLORBAGGED FRENCH TOASTORFRUIT FRUDAL   |
| **21**BREAKFAST BOWLORSTEAK/EGG&CHEESE BISCUITORCINNI MINNI | **22**PANCAKES/BACONORSAUSAGE/EGG&CHEESEBISCUITORBREAKFAST DONUT | **23**BREAKFAST BOWLORBACON/EGG & CHEESE BISCUITORFRUIT FRUDEL | **24**WAFFLES/SAUSAGEORHAM & CHEESE BISCUITORCINNI MINNI | **25****WORK****DAY**  |
| **28**BREAKFAST BOWLORSTEAK/EGG& CHEESE BISCUITORCINNI MINNI | **29**PANCAKES/BACONORSAUSAGE/EGG&CHEESEBISCUITORBREAKFAST DONUT | **30**BREAKFAST BOWLORBACON/EGG & CHEESE BISCUITORFRUIT FRUDEL | **31** WAFFLES/SAUSAGEORHAM & CHEESE BISCUITORCINNI MINNI | **OFFERED DAILY:** 1% UNFLAVORED MILK, SKIM UNFLAVORED MILK, FAT FREE CHOCOLATE MILK, FRESH FRUIT, CANNED FRUIT, AND FRUIT JUICE. |

**Subject to change**

**“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”**

THIS IS A SAMPLE MENU & DOES NOT CONTAIN CARB COUNTS. CARB COUNTS ARE AVAILABLE UPON REQUEST