

NURSING FUNDAMENTALS

1. Course Description

- **Nursing Fundamentals is designed for students interested in medical careers where personal care and basic nursing skills are used. This course is an enhanced adaptation of the North Carolina division of Health Service Regulation Nurse Aide I curriculum and helps prepare students for the National Nurse Aide Assessment. Students who pass the NNAAP become listed on the NC NA I Registry. English language arts, mathematics and science are reinforced. Work-based learning strategies appropriate for this course include a required clinical internship in a long-term care agency. Healthcare agencies may require testing for tuberculosis and/or other diseases and a criminal record check for felonies related to drugs. Cooperative education is not available for this course. Enrollment is limited per North Carolina Board of Nursing Administrative Rule 21 NCAC 36.0318, which requires the ratio of teacher to nurse aide students be 1:10 or less while in the clinical area. DHSR applies the BON Rule to the classroom training area.**

2. Materials Needed

- **Chromebook**
- **CNA Booklet, which will be provided**
- **Textbooks will be provided**
- **Scrubs and appropriate clinical shoes**
- **3 Ring Binder**

3. Objectives

- Obj. 1.01 HC Facilities and Organization**
- Obj. 1.02 Range of Function as a CNA**
- Obj. 1.03 Resident Rights, Advocacy and Grievance Procedures**
- Obj. 2.01 Communication**
- Obj. 2.02 Observation and Reporting**
- Obj. 2.03 Basic Human Needs**
- Obj. 2.04 Dying Process**
- Obj. 3.01 Infection Control**
- Obj. 3.02 Safety and Emergency Care Skills**

- Obj. 4.01 Height and Weight Measurement**
- Obj. 4.02 Rehab Restoration**
- Obj. 5.01 Hygiene and Grooming**
- Obj. 5.02 Skin Integrity**
- Obj. 5.03 Safe, Clean Environment for Residents**
- Obj. 6.01 Nutrition and Hydration Needs**
- Obj. 6.02 Elimination and Urination Needs**

4. Grading

Grades will be earned through participation, assignments, projects, quizzes, portfolio and tests.

The following is the grading scale:

- **Projects 30%**
- **Tests 20%**
- **Quizzes 20%**
- **Daily 30%**
- **Exam at the end of the semester =25%**

5. Attendance Policy for HEALTH SCIENCE ONLY!

- **You will be allowed 6 absences. You MUST make up ALL of the class time missed for absence 7th, 8th, and 9th. On the 10th absence you will need to appeal for credit for the class.**
- **Per NF guidelines, you CANNOT miss more than 6 days to complete the CNA program. There are state guidelines that require a set amount of hours for classroom and clinical time.**

6. Makeup Work Policy

- **After any absence, all makeup work is due within a 2-day time limit. Any unfinished assignment will be given a zero score after this time.**
- **You must see me for work missed.**

7. Assignments

- **You will be completing a series of skills on a daily basis. You will be required to master these skills by demonstrating each skill before beginning and completing your clinical rotation**
- **You will be required to complete several practice exams to prepare you for the CNA State Exam**