

NURSING FUNDAMENTALS

1. Course Description

- **Nursing Fundamentals** is designed for students interested in medical careers where personal care and basic nursing skills are used. This course is an enhanced adaptation of the North Carolina division of Health Service Regulation Nurse Aide I curriculum and helps prepare students for the National Nurse Aide Assessment. Students who pass the NNAAP become listed on the NC NA I Registry. English language arts, mathematics and science are reinforced. Work-based learning strategies appropriate for this course include a required clinical internship in a long-term care agency. Healthcare agencies may require testing for tuberculosis and/or other diseases and a criminal record check for felonies related to drugs. Cooperative education is not available for this course. Enrollment is limited per North Carolina Board of Nursing Administrative Rule 21 NCAC 36.0318, which requires the ratio of teacher to nurse aide students be 1:10 or less while in the clinical area. DHSR applies the BON Rule to the classroom training area.

2. Materials Needed

- **Chromebook**
- **CNA Booklet**, which will be provided
- **Textbooks** will be provided
- **Scrubs and appropriate clinical shoes**
- **3 Ring Binder or NF folder**

3. Objectives

- Obj. 1.01 Understand the Importance of Hand Hygiene**
- Obj. 1.02 Understand the Importance of Vital Signs and Responsibilities of the Nurse Aide**
- Obj. 1.03 Understand the Nurse Aide's Responsibilities in Accurate Measuring and Recording of Height and Weight**
- Obj. 2.01 Understand Specific Responsibilities and Essential Functions of the Nurse Aide in the HC Setting**
- Obj. 2.02 Understand Resident Rights, Advocacy and Grievance Procedures**

Obj. 2.03 Understand the Principles of Person-Centered Care and their Application in HC Setting
Obj. 3.01 Understand the Chain of Infection
Obj. 3.02 Understand the Nurse Aide's Role in Preventing and Controlling Infections
Obj. 3.03 Understand Bloodborne Pathogens and the Nurse Aide Role
Obj. 4.01 Understand Environmental Safety Precautions, Accident Prevention and Body Mechanics to Minimize Injury
Obj. 4.02 Understand Proper Response to Medical and Facility Emergencies
Obj. 5.01 Understand the Role of Effective Communication in Fostering Interpersonal Relationships Essential for Resident Care and Working with Team Members
Obj. 5.02 Understand the Importance of Observation, Recording and Reporting in the Nurse Aide Role
Obj. 6.01 Understand the Cognitive Changes Associated with Aging
Obj. 6.02 Understand the Psychological Changes of Associated with Aging
Obj. 6.03 Understand the Physical Changes and Diseases Associated with Aging
Obj. 7.01 Understand the Resident Personal Care Needs
Obj. 7.02 Understand How to Promote Skin Integrity
Obj. 7.03 Understand Restorative and Rehabilitation Care
Obj. 8.01 Understand Nutritional and Hydration Requirements of Residents
Obj. 8.02 Understand Common Diseases and Disorders affecting the Digestive System
Obj. 8.03 Understand Common Diseases and Disorders Affecting the Urinary System
Obj. 9.01 Understand the Resident Need for Family and Support Systems
Obj. 9.02 Understand the Nurse Aide's Role in Caring for a Resident with Mental Health Illness
Obj. 9.03 Understand the Dying Process and End-Of-Life
Obj. 10.00 Clinical Rotation

4. Grading

Grades will be earned through participation, assignments, projects, quizzes, portfolio and tests.

The following is the grading scale:

- Projects 30%
- Tests 20%
- Quizzes 20%

- Daily 30%
- Exam at the end of the semester =25% (Passing the CNA State Test counts for the exam grade) Failure of the CNA test will result in taking a NF exam

5. Attendance Policy

- You will be allowed 6 absences. You MUST make up ALL of the class time missed for absence 7th, 8th, and 9th. On the 10th absence you will need to appeal for credit for the class.
- Per NF guidelines, you CANNOT miss more than 6 days to complete the CNA program. There are state guidelines that require a set amount of hours for classroom and clinical time.

6. Makeup Work Policy

- After any absence, all makeup work is due within a 2-day time limit. Any unfinished assignment will be given a zero score after this time.
- You must see me for work missed.

7. Assignments

- You will be completing a series of skills on a daily basis. You will be required to master these skills by demonstrating each skill before beginning and completing your clinical rotation
- You will be required to complete several practice exams to prepare you for the CNA State Exam

HAYWOOD COUNTY SCHOOLS

CTE HONOR CORD REQUIREMENTS

Seniors eligible to purchase a CTE honor cord for graduation must meet the following criteria:

- 3.0 cumulative unweighted GPA or higher **OR** score Silver or greater on Work Keys
- Must be a CTE completer at their respective high school (no HCC) with a **90** or higher in a level 2 course (can be currently taking their second level).
- No OSS (Senior Year)
- ISS limited to 2 DAYS or less during the Senior year
- Student will purchase and keep the cord

OCS students are eligible for cords as a participant with the following criteria:

- Earned credit for 4 or more CTE courses
- One teacher recommendation from any of their CTE teachers
- No OSS (Senior Year)
- ISS limited to 2 days or less during the Senior year
- Student will purchase and keep the cord

You will receive a CTE Honor Cord Invitation in the Spring Semester if you meet the Requirements!