

PISGAH HIGH SCHOOL

1 Black Bear Drive · Canton, NC 28716 · (828) 646-3440 · Fax (828) 648-8618

Cross Country 2019

DATE	PLACE	TIME
August 22	Practice Run @ Lake Junaluska	3:30 pm
August 29	Rabun Gap	4:30 pm
September 4	Watermelon Run @ Cullowhee	boys 4:30 girls 5:00
September 14	Cherokee Invitational	boys: 10 am girls: 10:40 am
September 18	White Squirrel Classic @ Brevard	TBA
September 26	Carney Classic @ Hayesville	boys: 4:40 pm girls: immediately following
October 3	Black Bear Bolt @PHS	boys: 4:00 pm girls: immediately following
October 9	United Way @ Newton	TBA
October 12	Bethel 5k (optional)	8:30 am
October 17	AC Reynolds	boys: 5:00 pm girls: 5:55 pm
October 23	Conference Meet @ Jackson Co. Rec	TBA
November 2	Regional Meet	TBA
November 9	State Meet @ Kernersville	TBA

Clint Conner, Principal
Casey Kruk, Athletic Director
Stephanie Kuykendall, Coach
Kelsi Pinkston, Coach